

PALARONG PAMBANSA 2009 - 29/04/2009 to 02/05/2009

RECORD BREAKERS DAY 2

Aguilar, Johanssen NCR

100m BACKSTROKE SECONDARY

OLD PALARO RECORD : 1:01.10

4/29/2009

JOHANSEN AGUILAR

NEW PALARO RECORD: 1:00.79

4/30/2009

JOHANSEN AGUILAR

(Established during his swim in Boys 4x100 Medley Relay)

National Capital Region (Ncraa

4 X 100m Medley Relay

OLD PALARO RECORD : 4:11.31

2005

NCR

NEW PALARO RECORD: 4:10.66

4/30/2009

NCR

JOHANSEN Aguilar 17, SEAN PAUL Tan 17, GABRIEL Castelo 17, GIAN DANIEL Berino 17

RICHARD G. LUNA
Tournament Manager